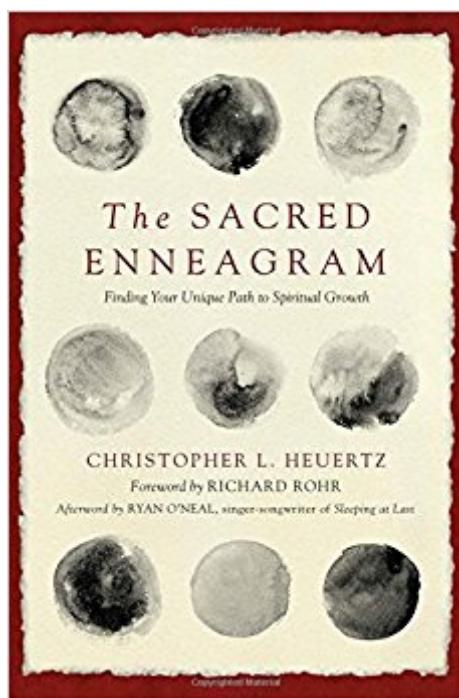


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The Sacred Enneagram: Finding Your Unique Path To Spiritual Growth



Synopsis

For all the ways we live unawakened lives, the enneagram is here to help. The Sacred Enneagram is a trustworthy, richly insightful guide to finding yourself in the enneagram's 9-type profiles, and applying this practical wisdom for a life transformed. Far more than a personality test, author Chris Heuertz writes, the enneagram is a sacred map to the soul. Lies about who we think we are keep us trapped in loops of self-defeat. But the enneagram offers a bright path to cutting through the internal clutter and finding our way back to God and to our true identity as God created us. Chris Heuertz's life was forever changed after he learned about the enneagram 15 years ago. Today, he leads enneagram workshops all over the world. Join Chris as he shows you how this ancient tool can help you awaken to the gifts God has given you, find freedom from your personal patterns of sin and fear, and grow in acceptance of your identity as you grow with God. In conversational style with compelling stories, The Sacred Enneagram will show you how to understand the 'why' behind your type, beyond caricatures and stereotypes. How to align your type with prayer postures. How to identify and find freedom from self-destructive patterns. How to grow in spiritual discernment. How to face your past wounds and step toward healing. How to awaken your unique gifts to serve today's broken world. Chris's own journey with the enneagram is an accessible introduction and exploration of how the enneagram can change your life, because to the extent that we are transformed, the world will be transformed.

Book Information

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Customer Reviews

Christopher L. Heuertz was first introduced to the Enneagram in the slums of Cambodia. Since then

he has trained under some of the great living Enneagram masters including Father Richard Rohr, Russ Hudson, Marion Gilbert and Helen Palmer, and now teaches the Enneagram in workshops and retreats around the world. Chris is an International Enneagram Association Accredited Professional. He and his wife, Phileena, and their puppy, Basil, live in Omaha, and you can join him on Facebook and Twitter in his intentions to love on the margins.

Let's start with this note: this was written by a man who follows the Catholic faith. He references his influences often, but know that this book is appropriate for ALL faiths. I am not a practicing Catholic and chose to give the self help book a shot. I've been doing a lot of "soul searching" as the definition of who I am is changing again...the youngest of my children are getting to the age where I will be considered an "empty nesters" in a few short years. I have struggled with who I am as I was a stay at home mom for a long time. And now I am not a stay at home mom, my kids are becoming increasingly independent, and I have no idea where I fit anymore. I don't fit at work and I'm not needed at home. So what do I do now? I'm trying to figure it out. Now I chose this book, not 100% what I was getting outside it said I can find my unique path. I started reading with an open mind. What I found was that there were similarities to chakra work, meditation, and self reflection that goes on in non-Catholic religions. But another similarity is with something I just did for work. The DiSC personality test. So this book actually has you look at yourself as a whole. It forces you examine what you think of yourself. It forces you to recognize that who you feel about life is directly related to how you feel about yourself and what you THINK others feel about you. But it also gives you steps to take to correct these old ways of thinking. Now this book also brings God in to the mix. It shows you how you can have a better relationship with God... with the Universe. As to the results of this book, I cannot currently attest yet as I have just started my own journey. I'm liking what I am reading. I'm taking these skills and trying to see how they fit in my life. I'm trying to incorporate the suggestions by paying attention to my own actions and reactions. I felt it was an easy read and for the price, what do you have to lose. And to the 4 stars is only because I don't know if this is a good self help book or not yet. If you are honest and read this with an open mind, I do believe you will feel different after reading it. I did. Thanks for letting me share my thoughts.

Wonderful writing! Having read and studied a number of books and other materials on the Enneagram, I can say some of the materials can be cumbersome to get through. There are also competing theories regarding this tool and that can make the journey to understand and utilize it somewhat trying. Chris does an excellent job of creating synergy between these competing ideas

and putting the language for understanding on the "low shelf." I found it very approachable and one of the more engaging reads that I've encountered on the subject. Highly Recommended.

Since buying my Kindle years and years ago, it takes a REALLY special subject matter for me to commit to buying an actual paper book! I have been downsizing for years, and as a student of life with 4 degrees, I had enough books accumulated to start a Used Book Store. After my 1st Kindle purchase, 90% of those books were donated, and only truly meaningful books were kept or bought. I've been a student of the Sacred Enneagram since being introduced to it by my best friend in the early '80's. As an individual who is deeply into science, which loves explanations for "why things are the way they are," I found it absolutely fascinating that this ancient system of categorizing human nature made so much sense. To explain it more simply, in one of my older Enneagram books, there is a cartoon of two cars involved in a minor fender-bender. The illustrations show the 9 Enneagram types, and how they each react to the accident. There is the Helper, who rushes to the scene. There is the Peacemaker, who is under a tree, reflecting on life and oblivious to the accident. In a matter of some quick drawn strokes, this cartoon illustrates just WHY and HOW we are who we are and why we are all SO convinced that "Our thinking is the only right way of thinking!" Well, no, it's not. YOUR way of thinking is only one of 9 ways of thinking about a problem or incident, and this book helps you understand in an easy read, just what divides and unites us. Aside from the subject matter, I was absolutely delighted in the soft sensuality of the actual composition of the book: it has a soft textured cover that is beyond easy to hold and the pages have those old deckled edges that I remember with love and passion from my early childhood days, when I was allowed to look at my grandparent's library. This book came 2 days before I went on a week-long beach vacation, and I must say, holding and reading something this comfortable made me forget I even owned a Kindle! There are 100's of books on the Sacred Enneagram, so if this book makes you curious and you want to know more, you can go deeper and deeper down or up the Rabbit Hole. But, this is a quick and easy read; the fact that he's using his religious background in the writing didn't bother me a bit.

The Sacred Enneagram by Christopher Heuertz is a fascinating journey of self-discovery, a map of our divine makeup, and a guide to awakening to the reality of our wholeness. In these pages Chris Heuertz helps us learn our various types, our weaknesses, our strengths, our hiding places, our paths to wholeness. Once we begin to see who we are and start to understand why we act and react in the ways we do, we can then accept a gentle invitation to do the very important inner work

necessary on the journey to our true home. If you have any desire to find your True Self and your True Home, start here with The Sacred Enneagram. At the very least you will learn some things about yourself that you didn't know, and perhaps you may even find the answers you've been seeking all your life.

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